



## Oak Grove School District

601 SE 12<sup>th</sup> St, Oak Grove, MO 64075

(816) 690-4156

[www.oakgrove.k12.mo.us](http://www.oakgrove.k12.mo.us)

## SAFE RETURN TO IN-PERSON INSTRUCTION

### Oak Grove School District COVID-19 Information

The Oak Grove School District has continued to follow COVID-19 precautions to reduce the spread of the virus in our schools and facilities. Please continue reading to learn how you and your family can help reduce the spread of COVID-19 in our schools so that we may keep all staff and students safe.

### Watch for Symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

Source: Centers for Disease Control and Prevention

### How COVID-19 Spreads

COVID-19 spreads when an infected person breathes out droplets and very small particles that contain the virus. These droplets and particles can be breathed in by other people or land on their eyes, noses, or mouth. In some circumstances, they may contaminate surfaces they touch. People who are closer than 6 feet from the infected person are most likely to get infected.

COVID-19 is spread in three main ways:

- Breathing in air when close to an infected person who is exhaling small droplets and particles that contain the virus.
- Having these small droplets and particles that contain virus land on the eyes, nose, or mouth, especially through splashes and sprays like a cough or sneeze.
- Touching eyes, nose, or mouth with hands that have the virus on them.

Source: Centers for Disease Control and Prevention

## How can you help?

One of the most important ways to reduce the spread of disease is by staying home when you are sick. If someone in your family is experiencing a new cough, difficulty breathing, or loss of taste and smell or any two symptoms listed above we ask that all non-vaccinated household members remain at home until COVID-19 is ruled out.

Additionally, all individuals who are not fully vaccinated (2 weeks after their final dose) must continue to quarantine after known direct exposure. If an unvaccinated individual is directly exposed, meaning within 3 feet for more than 15 minutes, please complete your 14 day quarantine before returning to school.

## OGR6 Precautions

### *Good Hygiene Practices*

- Proper handwashing techniques are taught and reinforced.
- Signs are displayed throughout buildings encouraging proper handwashing.
- Hand sanitizer is available in every classroom.
- Elementary students are required to wash or sanitize their hands before eating, after using the restroom, and after recess
- Students are taught to sneeze or cough into their elbow.
- Signs are displayed through the school to reinforce properly covering your cough or sneeze.

### *Facility Cleanliness*

- All custodians have been trained in cleaning and disinfecting protocols.
- Custodians will disinfect desks, chairs, and high-touch point areas daily.
- Custodians have been instructed to prioritize cleaning and disinfectant needs in classrooms, student and staff work areas, restrooms, and commons areas first and over other custodial duties.

### *Face Coverings*

- Masks are optional for all students and staff regardless of age or vaccination status.

### *Social Distancing*

- School traffic patterns have been altered to reduce the number of students interacting during arrival, dismissal, and transition times.
- When possible, students will be seated three feet apart.
- Barriers have been installed throughout buildings and when appropriate.

## *Accommodating All Students*

- Appropriate accommodations will be made for students with disabilities.

## *Contact Tracing*

- Each building has a staff person in charge of contact tracing in the event of a positive case.
- Anyone identified as a possible close contact to the positive case, within three feet for more than 15 minutes, will be mandated to quarantine for 14 days from the date of last exposure.
- Individuals who are fully vaccinated, two weeks after their last dose, are not required to quarantine as long as they remain symptom-free.

## *Vaccinations*

- The district hosted a Moderna vaccination clinic that was open to all staff.
- Anyone in the district 12 years or older eligible for the COVID-19 vaccine is encouraged to seek medical advice concerning COVID 19 vaccines.

## *COVID-19 Testing*

COVID-19 testing is available for all district staff and students on campus by appointment or contacting your building health professional.

## *Health Services*

Students' academic, social, emotional, and mental health needs will be provided for with an adaptive instructional plan to account for lost instruction during the pandemic along with health resources available to not only students, but staff as well. These include counseling services, health services and resources.

# **Stay Safe to Stay Open**

- Together we can reduce the spread of COVID-19 in our schools and community. Please continue to do your part to keep our schools safe and healthy. Contact your school office with additional questions about COVID-19.
- This safe return to In-person Instruction will be reviewed monthly.